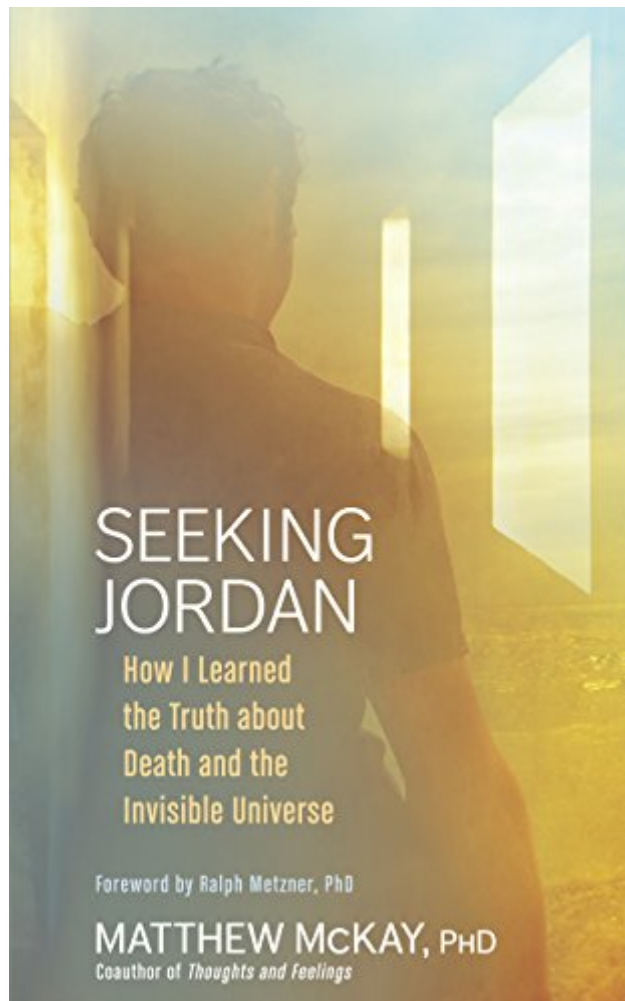


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# Seeking Jordan: How I Learned The Truth About Death And The Invisible Universe



## Synopsis

If you have lost someone you deeply love, or have become strongly aware of your mortality, it's hard to avoid wondering about life after death, the existence of God, notions of heaven and hell, and why we are here in the first place. The murder of Matthew McKay's son, Jordan, sent him on a journey in search of ways to communicate with his son despite fears and uncertainty. Here he recounts his efforts — including past-life and between-lives hypnotic regressions, a technique called induced after-death communication, channeled writing, and more. McKay, a psychologist and researcher, ultimately learned how to reach his son. In this book he provides extraordinary revelations — direct from Jordan — about the soul's life after death, how karma works, why we incarnate, why there is so much pain in the world, the single force that connects us, and our future as souls. Unlike many books about after-death communication, near-death experiences, and past-life memories, this is a book for those who do not believe yet yearn to know what happens after death. In addition to being riveting reading, *Seeking Jordan* is a unique heart-, soul-, and mind-stirring reflection on the issues each of us will ultimately face.

## Book Information

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## Customer Reviews

The author, Matthew McKay, shared his very personal story (past and current) about keeping his loving connecting relationship with his adult son, Jordan, who has died. I was attracted to this book because I subscribe to reincarnation, various levels of a soul's learning, growth, and experience, and I am deeply moved by how we are all connected--beyond this physical earth life."Seeking Jordan" is an intimate sharing between what McKay believes (and alternately doubts) with his son's soul. While I also entertain doubts (questions, wondering) , I also have peaceful, aligning, and deeply moving thoughts and feelings about this expansive topic.I would easily recommend this to one who tends to lean in this same direction as this book provides peace, love, and perhaps another helpful nugget for one's own expanding growth, learning, and connection.My time spent reading was always soothing and encouraging. There were perspectives offered that were more clearly defined and explained from what I had previously accepted as "true for me" -- so reading McKay's book was a pleasure for me. I loved it and I appreciate McKay writing it. I appreciate and thank the soul of Jordan's sharing.Though the point of this book might be more narrow or focused as in the sub-title, "How I Learned the Truth about Death and the Invisible Universe"... I think the key resides in the first word of the main title, "Seeking". I am inspired to seek for various motivations here or there. McKay's great love for his abruptly departed son inspired him to seek and this is where he was led. I am also greatly touched by this and don't care if anyone calls it hooley, just grief, or marketing.

In September of 2008 at 1:40 in the early morning, 23 year old Jordan McKay was riding his bicycle home from work to his apartment in San Francisco when he was stopped by two men and shot to death. His mother Jude and father Matthew were devastated by this tragedy. Seeking Jordan: How I Learned the Truth about Death and the Invisible Universe is Matthew McKay's attempt to come to terms with the death of his beloved son.Matthew McKay, Ph.D., is a professor at the Berkeley Institute in California who has several self-help books related to psychology available on . By all accounts, we would not expect him to be writing a book about conversations he has had with his dead son, but that is exactly what Seeking Jordan is all about. In fact, it is fair to say that about 70% of the book is directly quoted material taken from conversations McKay had with his dead son.These conversations take the form of questions that McKay asks his son and then McKay directly transcribes what he receives from Jordan in what is called automatic writing, which is

• Automatic writing said to be produced by a spiritual, occult, or subconscious agency rather than by the conscious intention of the writer. • Automatic writing has a long history, perhaps made most famous by William Butler Yeats, the Nobel Prize winning poet, in his book *A Vision*. The premise of this work is that after Jordan died his soul was not immediately reincarnated, but remained with other souls in a place we might call limbo. According to Jordan, souls of the dead need time to be appropriately placed in their new body as they move forward and learn what is needed to grow spiritually. Death and rebirth happen countless times until a person finally has learned all that is needed to remain in the spirit world forever.

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